

Syracuse Chargers Records for FOPEN

400y	Erica Hagenlocher	58.7	8/x/1977
8k track	Patti Ford	29:16.0	1/18/1994
heptathlon	Janet Adams	4580	8/14/1981
high jump	Sharon Gleasman	5-11 1/4	5/18/1984
indoor pentathlon	Monica Ridgeway	2690	3/15/1997
outdoor pentathlon	Chris Schilly	3132	8/25/1973
1 hour walk	Laura Feller	10630m	7/20/2003
1 mile	Amanda LoPiccolo	4:44.19	4/25/2009
1 mile walk	Ellen Minkow	7:29.4	x/x/1973
10 mile	Julianne Quinn	58:31	5/3/2015
10 mile	Lennie Tucker	1:29:49	6/28/1981
100 mile trail	Luana Pesco Koplowitz	28:20:06	5/24/2014
100 mile walk	Erin Taylor-Talcott	23:31:05	9/24/2016
1000m	Kim Standridge	2:47.6	1/14/2012
1000y	Katy Schilly	2:36.4	2/1/1976
100k walk	Erin Taylor-Talcott	12:47:53	9/23/2016
100k track	Lennie Tucker	13:03:19.0	7/4/1982
100k trail	Luana Pesco Koplowitz	14:04:17	8/24/2013
100m	Zanderland Dixon	12.1	7/26/1980
100m HH	Cathy Golden	15.1	8/7/1983
100y	Linda Cupit	11.4	4/12/1975
10k road	Katy Schilly	34:44.0	8/15/1976
10k road	Andrea Burke	34:44.0	10/8/1984
10k	Amanda Laytham	34:07.8	6/9/2007
10k walk	Laura Feller	58:25.0	7/27/2000
10k walk road	Laura Feller	52:41.0	6/3/2006
12k	Gloria Brown	55:09.0	9/12/1994
12 hour run road	Mary DaSilva	57.564 mi.	5/14/2011
1500m	Amanda LoPiccolo	4:16.48	6/17/2009
1500m walk	Laura Feller	7:32.3	6/20/2005
15k	Amanda LoPiccolo	53:58.6	11/7/2010
15k	Patti Ford	58:26.4	3/10/1994
15k walk road	Laura Feller	1:22:33	8/20/2006
2 hour run	Lennie Tucker	14.75 mi.	6/30/1984
2 mile	Katy Schilly	10:19.0	2/22/1976
2k	Mary Ann Weibel	6:37.4	1/19/1986
200m	Zanderland Dixon	24.8	7/26/1980
20k	Melissa LeCasse	1:11:26	9/2/1984
20k walk	Laura Feller	1:50:08	4/9/2006
220y	Chris Schilly	25.1	6/9/1974
24 hour run road	Mary DaSilva	62.20066 mi.	9/21/2014
24 hour run track	Lennie Tucker	91.94 mi.	7/4/1982
25k	Deb Froehlich	1:43:18	5/1/1983

2k steeple	Tonya Dodge	7:02.7	8/14/1999
3 mile	Joanne Rainis	20:46.8	5/21/1978
3k road	Betsy Kneale	10:38	4/2/1990
3k steeple	Tonya Dodge	10:10.8	5/12/2001
3k	Amanda LoPiccolo	9:16.1	2/13/2009
3k walk	Erin Taylor-Talcott	13:56.72	11/26/2016
300m	Janine Schilly	43.1	1/24/1982
300m IH	Grace Killory	53.8	8/15/1980
300y	Linda Cupit	39.6	2/1/1976
300y	JoAnn Angotti	39.56	3/29/1987
30k	Caryl Andrew	1:54:32	3/24/1985
330y IH	Erica Hagenlocher	46.3	4/27/1975
400m	Chris Schilly	55.4	4/6/74
400m IH	Diane Thompson	64.49	7/27/2000
40y	Lynn Rosenthal	5.3	1/29/1978
440y	Chris Schilly	55.4	4/6/1974
440y IH	Grace Killory	1:17.0	6/x/79
45m	Irene Thompson	6.2	1/11/1987
5 mile	Chrissie Morganti	29:11.0	3/17/1990
50 mile road	Lennie Tucker	7:41:22	11/15/1981
50 mile	Lennie Tucker	8:05:54.0	6/27/1981
50k road	Erin Taylor-Talcott	4:42:15	11/12/2016
50k walk road	Erin Taylor-Talcott	4:42:15	11/12/2016
50k track	Lennie Tucker	5:26:10	5/19/1984
50k trail	Luanda Pesco Koplowitz	6:52:16	11/1/2014
50m	Cathy McKeever	6.7	2/27/1982
50m	Irene Thompson	6.7	3/24/1987
50m	JoAnn Angotti	6.7	2/6/1988
50m HH	Janet Adams	8.1	3/15/1986
50y	Linda Cupit	6.5	1/26/1975
500m	Deb Springer	1:25.0	2/9/2003
55m	Irene Thompson	7.2	2/x/87
55m	JoAnn Angotti	7.2	1/17/1988
55m	Irene Thompson	7.2	3/22/1992
55m	Musu Jackson Buckner	7.34	2/2/2008
55m HH	April Rushey	9.0	3/15/1997
5k road	Amanda LoPiccolo	16:43	8/30/2009
5k	Amanda LoPiccolo	15:52.7	5/30/2009
5k walk road	Laura Feller	26:25.0	4/26/2003
5k walk	Laura Feller	25:56.6	4/29/2006
600m	Carolyn Eich	1:43.0	2/27/1983
600y	Chris Schilly	1:24.0	x/x/x
60k road	Sister Nicolette	5:55:44	3/8/1981
60m	Andrea Bader	8.03	2/20/2010
60m HH	Melissa St. Vil	9.61	2/6/2005
60y	Chris Schilly	6.9	2/3/1974

800m	Kim Standridge	2:05.8	4/20/2012
80m HH	Irene Thompson	13.65	7/12/2001
880y	Chris Schilly	2:12.3	2/23/1975
8k	Kristin White	28:19.0	2/10/2001
8k walk	Laura Feller	45:18.0	7/20/2003
discus	Shari Zembeck	150-8	5/22/1992
half marathon	Julianne Quinn	1:17:05	3/15/2015
hammer 4kg	Monica Ridgeway	144-4	7/13/2007
javelin	Janet Adams	137-7 3/4	8/8/1985
long jump	Sharon Gleasman	17-6 1/2	2/27/1983
marathon	Marion Teitsch	2:40:32	5/12/1984
pole vault	Linda Hadfield	10 11	7/26/2007
shot put 4kg	Shari Zembeck	44-1	7/25/1992
shot put 8lb	Patrina Thomas	44-4 1/2	8/9/1985
triple jump	Antonnikka Owens	40-8 3/4	2/7/2004
weight pentathlon	Monica Ridgeway	3125	7/13/2007
weight throw 20lb	Monica Riggeway	45-5 1/4	7/13/2007
weight throw 30lb	Kathleen Pierce	22-10	3/29/1987

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