

Syracuse Chargers Records for M1213

high jump	Nicholas Wilson	5ft 3in	7/1/2002
indoor pentathlon	Shawn Wilson	1140	2/14/2004
outdoor pentathlon	Shawn Wilson	1898	7/9/2004
1 mile	Solomon Lawrence	5:07.5	1/27/2013
10 mile	John I. LaGraff	1:08:40	9/12/1976
1000m	Brent Vinch	3:03.2	2/13/1983
100m	Chris Campbell	12.4	6/16/1994
100m HH	Shawn Wilson	17.93	6/19/2004
100y	William Boatright	11.4	7/5/1977
10k road	Eric Anish	36:40.0	6/26/1982
110m HH 36in	Jackson Honis	21.6	7/16/2007
1500m	Roger Bodine	4:34.5	2/4/1979
15k	John Aris	1:02:15	3/28/1993
2 mile	Don Broton Jr.	10:57.0	2/12/1978
2k	Robert Colvin	7:38.6	3/14/1982
200m	Chris Campbell	25	6/15/1995
200m IH	Nicholas Wilson	34.97	6/29/2002
20k	Tom Paris	1:25:40	8/8/1976
220y	Tarek Tabet	28.6	2/12/1978
3k road	Jeremy Burton	10:30	4/28/1990
3k	Will Von Zagorski	10:29.8	3/1/1992
300m	Chris Campbell	42.5	1/22/1995
30k	Robert Burke	2:07:22	3/19/1979
400m	Chris Campbell	56.1	6/18/1985
40y	Alan Burdick	5.6	3/18/1978
440y	Bob Schilly	58.2	7/5/1977
50m	Brian Jackson	6.9	3/25/1984
50m HH	Brian Moore	9.0	2/13/1983
55m	Chris Campbell	7.3	1/22/1995
55m	Chris Campbell	7.3	3/18/1995
55m HH	Shawn Cooper	9.2	1/19/2007
5k road	Will Von Zagorski	17:53	9/22/1992
5k	Don Broton Jr.	17:42.0	3/25/1979
600m	Steven Paluch	1:51.2	3/15/1997
60m	Greg Spears	7.47	2/6/2005
60m HH	Shawn Wilson	10.2	2/13/2005
800m	Wazell Hall	2:13.7	7/18/1978
80m HH	Shawn Wilson	16.54	7/10/2003
80m HH 30in	Shawn Wilson	16.3	6/16/2003
880y	Mike Dobreiner	2:30.6	2/15/1975
8k	Will Von Zagorski	30:46.0	6/1/1991
discus 1kg	Shawn Wilson	70-1 1/2	6/30/2003
discus 2kg	Damian Panek	87-2	6/25/2014

hammer 2kg	Shawn Wilson	80-1	7/30/2003
hammer 5kg	Shawn Wilson	64-3 1/2	6/21/2004
javelin 600g	Shawn Wilson	130-10	6/7/2004
long jump	Brian Hall	18-8	3/4/1979
marathon	John I. LaGraff	3:20:17	11/7/1976
pole vault	James Lee	5ft 6in	7/10/2003
shot put 4kg	Carlos Wallace	32-6	2/17/1989
indoor pentathlon	Damian Panek	1813	1/25/2015
triple jump	Jackson Honis	32-2	7/21/2008

06 Feb 2024